

Bio Balance Health Online Training for Medical Doctors

Bio Balance Health teaches the biochemistry of Mental Health.

This comprehensive syllabus demonstrates the use of pathology biomarkers for improved patient treatment plans. Measurable outcomes supplement mental health care.



Objective pathology (blood and urine) should be the norm for mental health.



Coordination of clinical evaluation, with sequential pathology promotes individualised treatment plans and monitoring of response.

\$1,850 (incl gst)

Bio Balance Health is a CPD Education Provider under the RACGP CPD Program.

On completion, GPs manually self-record their participation (2 points per hour, up to 30 points per course) as a non-accredited course.

The Training Program

Enables flexible self-paced learning delivered in four comprehensive modules. The program integrates pre-recorded lectures, written patient case histories and Live ZOOM sessions for patient presentations and Q&A. This enables doctors to seamlessly implement the program with confidence in their practice at completion of the program. It is highly recommended that participants invest at least 5-8 hours per module.



Module One

Introduction to Targeted Biochemical Therapy

Knowledge of key nutrients and symptoms associated with mental health and nutrient deficiency



Module Two

Differentiation of Clinical, Biochemical and Biomarker Presentations

Relating symptom clusters to biochemical testing and measuring the response to treatment



Module Three

Practise Setup and Implementation

Expertise to effectively implement the program within your practice at completion of training



Module Four

Livestream Patient Case Presentations

Application of clinical evaluation, selection of testing and use of laboratory reports for effective, individualised and targeted treatment programs for patients

Upon completion of the New Doctor program, doctors receive a complimentary first 12-month membership to Bio Balance Health.

Member benefits include:

- Access to the experienced BBH Alumni Doctor community via the online doctor forum.
- Your practitioner listing on the BBH website providing Page One Google search results.
- Connection with an ever-growing patient demand for BBH trained doctors.

Research

Bio Balance Health actively drives and supports original research to validate the relationship of biomarkers commonly associated with poor mental health.

Compelling evidence of this relationship has prompted top tier universities to research both the science and the treatment response to improve patient outcomes.

We continue to explore and support individuals and organisations who are proving these outcomes with science.

Further references are included on the Bio Balance Health website.
www.biobalance.org.au/references



About us: Bio Balance Health Limited, established in 1998, is a not-for-profit charity training medical doctors in the addition of targeted pathology for mental health.



Our core values: Mental health is often associated with a biochemical set of conditions that can be measured and managed. If we give the body the fundamental materials, or components, that it needs to repair itself, it will have the capacity for healing.



Our vision: To achieve acceptance of these values into medical training and practice.

Our Story

This training was first created and delivered in Australia in 2004. It has continued to grow as patients experience the successful outcomes by doctors who apply and continue to develop these skills.

The core program was developed in America in the 1980s and 1990s by Psychiatrist Dr Carl Pfeiffer, and Chemical Engineer and mathematician, William J Walsh PhD.

Using Pfeiffer's clinical observations, Bill was able to apply his chemistry expertise and his mathematical ability to identify clinical clusters. Initially the clusters were described around symptoms and now, because of modern technology, are described around the chemistry. The course in Australia has evolved to contain a core scientific basis and complies with Australian expectations of total patient care.

Over 300 doctors now add this skill to their considerable medical proficiency. They delight in achieving rewarding patient outcomes, and networking with the Bio Balance Health Alumni of like-minded passionate doctors.

We welcome you to join them.



To Contact

info@biobalance.org.au
(07) 5679 6675



Futher Information

www.biobalance.org.au



To Register

<https://bit.ly/BBHDoctorTraining>

New Doctor Online Program Schedule

Bio Balance Health New Doctor Online Program consists of four individual modules requiring assessments to be completed to progress to the next module. Modules 1-3 include pre-recorded lectures and case studies for self-paced flexible learning. A Certificate of Achievement is provided upon completion of all criteria within the program.



Module One

Introduction to Targeted Biochemical Therapy

Objective: Introduction to nutrients and their role in biochemical imbalances commonly associated with mental health.

Outcome: Knowledge of key nutrients and symptoms associated with mental health and nutrient deficiency.

Lecture 1.1

Introduction and History of Bio Balance Health

Dr Richard Stuckey

Lecture 1.2

Meet the Nutrients

Dr Richard Stuckey/Dr Lily Tomas

Lecture 1.3

Nutrient Side Effects and Symptom Detection

Dr Nicole Nelson

Lecture 1.4

Patient Case Study: Mental Health Example

Dr Nicole Nelson

Lecture 1.5

Compounding Best Practice

Chris Testa, Pharmacist

Lecture 1.6

12 Month Follow Up Study

Dr Richard Stuckey

Online Assessment



Module Two

Differentiation of Clinical, Biochemical and Biomarker Presentations

Objective: Relating symptom clusters to biochemical testing and measuring the response to treatment.

Outcome: Key skills for assessment, testing and management of mental health within the clinical setting.

Lecture 2.1

Biochemistry and Observational Biotypes/Symptom Clusters

William J. Walsh, PhD

Lecture 2.2

Clinical Presentation: Case Histories of Mental Health

Dr Richard Stuckey

- Demonstrating a range of clinical presentations

Lecture 2.3

Copper/Heavy Metal Toxicity

Dr Nicole Nelson

Lecture 2.4

Pathology Testing for Mental Health

Brett Lambert, Scientist

Online Assessment



Module Three

Practice Set-up and Implementation

Objective: Information to set up your practice for BBH patients and minimise medico legal risks.

Outcome: Expertise to effectively implement the program within your practice at completion of the training.

Lecture 3.1

Practice Set-up and Support Services

Dr Nicole Nelson

Lecture 3.2

Medico Legal

Dr Jane Chapman

Lecture 3.3

Methylation Profile

Dr Richard Stuckey

Lecture 3.4

Nutrient Prescribing

Dr Nicole Nelson

Online Assessment



Module Four

Livestream Patient Case Study Presentations & Q&A - ZOOM

Objective: Review patient assessment case studies facilitated by experienced BBH Doctors.

Outcome: Application of clinical evaluation, selection of testing and use of laboratory reports for effective, individualised and targeted treatment programs for patients.

Next date to be advised.

\$1,850 (incl gst)

Bio Balance Health is a CPD Education Provider under the RACGP CPD Program.

On completion, GPs manually self-record their participation (2 points per hour, up to 30 points per course) as a non-accredited course.



Further Information

info@biobalance.org.au

07 5679 6675

To Register

www.biobalance.org.au