



# Bio Balance Health Ltd

presents



Precision Medicine for Mental Health:

## Nutrients & Compounding

Online program for Pharmacists

**Precision Medicine for Mental Health: Nutrients & Compounding** includes pre-recorded lectures and case study examples in the assessment and management of mental health and behavioural conditions. The program includes a pre-recorded lecture from William J. Walsh, PhD from the Walsh Research Institute, USA and the role and application within mental health.

Lectures are presented via the Openlearning.com online platform and provides for flexible self-paced learning options to a wider audience including rural and remote. Pharmacists will be invited to attend a livestream online Q&A session – date to be advised.

The program is a valuable resource for Compounding Pharmacists to meet their shared patient responsibility with Bio Balance Health trained doctors prescribing quality precision individualised nutrient therapy.

### Program for Compounding Pharmacists

- Introduction & BBH Overview
- **Lecture: Meet the Nutrients**  
*Comprehensive overview of amino acids, vitamins and minerals commonly associated with mental health.*  
Presenters: Dr Richard Stuckey and Dr Lily Tomas
- **Lecture: Nutrient Side Effects and Symptom Detection**  
*Nutrient side effects, adverse reactions and symptom detection*  
Presenter: Dr Nicole Nelson
- **Written Patient Case Study**
- **Lecture: Best Practice Compounding**  
*The role of compounding in effective nutrient therapies aimed at normalising biochemistry*  
Presenter: Chris Testa, Pharmacist
- **Lecture: 12 Month Follow-up Study**  
*Follows the progress of a number of mental health patients over a 12 month period utilising Bio Balance Health individualised nutrient programs.*  
Presenter: Dr Richard Stuckey
- **Lecture: Biotype Clinical Presentations**  
*Oxidative stress and the power of nutrients to improve mental wellbeing.*  
Presenter: William J. Walsh, PhD
- **Nutrient Prescribing**  
*The role of testing: why and what do we measure, and individualised nutrients therapy to assist patients with mental health conditions.*  
Presenter: Dr Nicole Nelson
- **Q&A – Australian Panel – Date to be advised.**

Enquiries or to register: <https://www.biobalance.org.au/2020-pharmacist-training/>  
or email: [info@biobalance.org.au](mailto:info@biobalance.org.au)

#### Further Learning Opportunities:

We encourage you to also register for these separate augmenting lecturers:

- Pyrrole Testing Advancements
- B6 Risk Management