



Precision Medicine for Mental Health:

Demonstrating the use of biochemical and biomarker measures for improved patient outcomes

The syllabus provides GPs, Psychiatrists and Paediatricians with a valuable, additional quantitative tool to support their patients. Coordination of *clinical evaluation processes with the sequential measurement of biochemistry and biomarkers*, individualises the design of current mental health treatment options.

Bio Balance Health Medical Doctor Online Training Program

- Flexible self-paced learning syllabus delivered in four comprehensive structured modules
- Integrates pre-recorded lectures, written patient case histories and Live ZOOM sessions for patient assessments and Q&A
- Enables doctors to seamlessly implement the program with confidence in their practice at completion of the program. It is highly recommended that participants invest 5-8 hours per module.

New Doctor Program

\$1,750 (inc GST)

Module One: Introduction to Targeted Biochemical Therapy

Knowledge of key nutrients and symptoms associated with mental health and nutrient deficiency

Lectures: Meet the Nutrients, Nutrient Symptoms & Side Effects, Patient Case Study, Compounding Best Practice, 12 Month Followup Study

Module Two: Differentiation of Clinical, Biochemical and Biomarker Presentations

Relating symptom clusters to biochemical testing and measuring the response to treatment

Lectures: Biochemistry & Observational Biotypes/Symptom Clusters, Clinical Presentations of Mental Health, Copper/Heavy Metal Toxicity

Module Three: Practice Setup and Implementation

Expertise to effectively implement the program within your practice at completion of the training

Lectures: Practice Setup & Support, Medico Legal, Methylation Profile, Nutrient Prescribing

Module Four: Livestream Real Patient Assessments

Application of clinical evaluation, selection of testing and use of laboratory reports for effective, individualised and targeted treatment programs for patients.

**Participants required to complete online Modules 1-3 prior to participating in the Livestream event*

Registration also includes complimentary first 12 months Bio Balance Health membership. Benefits include:

- Access to experienced BBH Alumni Doctor networking and support via the BBH online doctor forum
- Practitioner listing on the BBH website providing Page 1 Google search results to connect with an ever-growing patient demand for BBH trained doctors.
- Discounts to ongoing BBH events.

To Register:

<https://www.biobalance.org.au/training/>

Further Information:

info@biobalance.org.au or phone (07) 5679 6675

Following completion of the New Doctor Program, doctors progress to expand their knowledge and gain further experience by attending patient assessment presentations. Other areas covered include Epigenetics, B6, and Oxidative Stress Markers. An ASD stream is available for those interested.

Membership discounts are available to the Returning Doctor Online Training Program for BBH Doctor Members.

Research

Bio Balance Health actively supports, and progresses, original research to validate the relationship of biochemistry and biomarkers commonly associated with poor mental health. Compelling evidence of this relationship has prompted top tier universities to research both the science and the treatment response to continue to improve patient outcomes. We will continue to explore, and support, individuals and organizations who are proving these outcomes with science.

Further references are included on the Bio Balance Health website <https://www.biobalance.org.au/references/>

Further papers are in the publishing pipeline.

Our Story

This training was first created and delivered for Australia in 2004 and has continued to grow as doctors and patients experience the successful outcomes achieved by doctors who applied and continue to develop these skills. The core program was developed in America in the 1980's and 1990's by Psychiatrist Dr Carl Pfeiffer and Chemical Engineer and mathematician, William J Walsh PhD. Using Dr Pfeiffer's clinical observations, Bill was able to apply his chemistry expertise, and his mathematical ability to identify clinical clusters. Initially the clusters were described around symptoms and now, because of modern technology, are described around the chemistry. The course in Australia has since evolved to contain a core scientific basis and complies with Australian expectations of total patient care. Our doctors add this skill to their considerable medical proficiency.

The biggest joy for our trained doctors is to see the rewarding patient outcomes and to work with like-minded passionate doctors. We welcome you to join them.

At various times single lecture series will be offered separately to augment the Module structure.

For Further information see: <https://www.biobalance.org.au/training/>

To Register: <https://www.registernow.com.au/secure/Register.aspx?E=35384>

or Contact Bio Balance Health: email: info@biobalance.org.au or phone (07) 5679 6675

About Us

Bio Balance Health Limited, established in 1998, is a not-for-profit charity facilitating the training of medical doctors.

Our core values: Mental health is often associated with a biochemical set of conditions that can be measured and managed. If we give the body the fundamental materials, or components, that it needs to repair itself, it will have the capacity for healing.

Our vision: To achieve acceptance of these values into medical training and practice.



www.biobalance.org.au

