



This is a training program for Medical Doctors on **Precision Medicine for Mental Health**. It is an intensive syllabus demonstrating the use of biochemical and biomarker measures for improved patient outcomes.

The program provides GPs, Psychiatrists and Paediatricians with a valuable, additional quantitative tool to support their patients. Coordination of clinical evaluation processes with the sequential measurement of biochemistry and biomarkers, individualises the design of current mental health treatment options.

The Training Program

Bio Balance Health Medical Doctor Online Training Program enables flexible self-paced learning delivered in four comprehensive modules. The program integrates pre-recorded lectures, written patient case histories and Live ZOOM sessions for patient assessments and Q&A. This enables doctors to seamlessly implement the program with confidence in their practice at completion of the program. It is highly recommended that participants invest 5-8 hours per module.

New Doctor Program (Available from early November 2020)

\$1,650 (inc GST)

- Module One:** **Introduction to Targeted Biochemical Therapy**
Knowledge of key nutrients and symptoms associated with mental health and nutrient deficiency
- Module Two:** **Differentiation of Clinical, Biochemical and Biomarker Presentations**
Relating symptom clusters to biochemical testing and measuring the response to treatment
- Module Three:** **Practice Setup and Implementation**
Expertise to effectively implement the program within your practice at completion of the training
- Module Four:** **Livestream Real Patient Assessments**
Application of clinical evaluation, selection of testing and use of laboratory reports for effective, individualised and targeted treatment programs for patients.

Upon completion of the New Doctor program, doctors are provided with complimentary first 12-month membership to Bio Balance Health. Member benefits include access to experienced BBH Alumni Doctor support via the online doctor forum, and the option of a practitioner listing on the BBH website providing Page 1 Google search results to connect with an ever-growing patient demand for BBH trained doctors.

Returning Doctor Program

\$995 (inc GST)

Following completion of the New Doctor Program, doctors progress to expand their knowledge and gain further experience by attending patient assessment presentations. Other areas covered include Epigenetics, B6, and Oxidative Stress Markers. An ASD stream is available for those interested.

Membership discounts are available to the Returning Doctor Online Training Program for BBH Doctor Members.

Research

Bio Balance Health actively supports, and progresses, original research to validate the relationship of biochemistry and biomarkers commonly associated with poor mental health. Compelling evidence of this relationship has prompted top tier universities to research both the science and the treatment response to continue to improve patient outcomes. We will continue to explore, and support, individuals and organizations who are proving these outcomes with science.

Further references are included on the Bio Balance Health website <https://www.biobalance.org.au/references/>

Further papers are in the publishing pipeline.

Our Story

This training was first created and delivered for Australia in 2004 and has continued to grow as doctors and patients experience the successful outcomes achieved by doctors who applied and continue to develop these skills. The core program was developed in America in the 1980's and 1990's by Psychiatrist Dr Carl Pfeiffer and Chemical Engineer and mathematician, William J Walsh PhD. Using Dr Pfeiffer's clinical observations, Bill was able to apply his chemistry expertise, and his mathematical ability to identify clinical clusters. Initially the clusters were described around symptoms and now, because of modern technology, are described around the chemistry. The course in Australia has since evolved to contain a core scientific basis and complies with Australian expectations of total patient care. Our doctors add this skill to their considerable medical proficiency.

The biggest joy for our trained doctors is to see the rewarding patient outcomes and to work with like-minded passionate doctors. We welcome you to join them.

At various times single lecture series will be offered separately to augment the Module structure.

For Further information see: <https://www.biobalance.org.au/training/>

To Register: <https://www.registernow.com.au/secure/Register.aspx?E=35384>

or Contact Bio Balance Health: email: info@biobalance.org.au or phone (07) 5679 6675

About Us

Bio Balance Health Limited, established in 1998, is a not-for-profit charity facilitating the training of medical doctors.

Our core values: Mental health is often associated with a biochemical set of conditions that can be measured and managed. If we give the body the fundamental materials, or components, that it needs to repair itself, it will.

Our vision is to achieve acceptance of these values into medical training and practice.



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