

SUGGESTED READING

Nutrition and Mental Illness by Carl Pfeiffer MD Phd - available from Amazon Books (www.amazon.com/exec/obidos/ASIN/0892812265/nutritional01-20/102-6290976-5932166))

Orthomolecular Treatment for Schizophrenia by Abraham Hoffer available from Amazon (www.amazon.com/exec/obidos/ASIN/0879839104/suggnutritional01-20/102-6290976-5932166))

Natural Healing for Schizophrenia and Natural Healing for Bipolar Disorders – by Eva Edlman 2009 (available from www.boragebooks.com)

Bio Chemical Individuality by Roger Williams

Optimum Nutrition for the Mind - Patrick Holford
(available from www.foodforthebrain.org/content.asp?id_Content=1627)

Effective Biomedical Treatments by Jon Pangborn PhD and Sidney Baker MD

Biological Treatments for Autism and PDD (2nd edition) by William Shaw PhD 2002